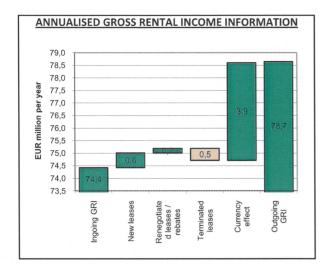
## NR NORDIC & RUSSIA PROPERTIES LIMITED - FINANCIAL UPDATE - Q1 2010 (unaudited)

All figures are in EUR million



| PROPERTY                                    |           |
|---|-----------|
| Average lease length                        | 5.9 years |
| Lease maturity within 12 months, % of total | 6.9%      |
| Lease maturity within 36 months, % of total | 35.3%     |
| Economic occupancy rate, %                  | 95.8%     |
|   |           |

| URES  |
|-------|
| 19.7  |
| 13.1  |
| 0.0   |
| -1.1  |
| 12.0  |
|       |
|       |
| -0.6  |
| -4.4  |
| -1.5  |
| 0.0   |
| -15.5 |
| -1.7  |
|       |
|       |

| 93.4%  |
|--------|
| 297.7% |
| 218.3% |
| 56.3%  |
| Nil    |
| 327.4  |
|        |
|        |

| BALANCE SHEET                 |     |           |           | COMMENTS ON MOVEMENTS                     |
|-------------------------------|-----|-----------|-----------|---|
|                               |     | 31 Mar 10 | 31 Dec 09 |   |
| nvestment properties          | (1) | 583.5     | 554.6     | Capex 1.7 + Fx-effects 27.2               |
| Other non-current assets      |     | 54.5      | 52.7      | Def.tax 1.8                               |
| Current assets                |     | 18.9      | 25.6      | Derivatives -10.1 + Trade receivables 3.4 |
| Cash                          |     | 68.8      | 79.3      |   |
| Total assets                  |     | 725.7     | 712.2     |   |
|                               |     |           |           |   |
| Convertible loans             |     | 36.6      | 36.6      |   |
| External loans                | (2) | 340.2     | 353.2     | Repaid loan -15.5                         |
| Other non-current liabilities |     | 55.0      | 52.5      | Def.tax 2.5                               |
| Current liabilities           |     | 49.7      | 46.0      | Derivatives 2.3, Trade payables1.4        |
| Equity                        |     | 244.2     | 223.9     | Profit 10.0, Fx-effects 10.3              |
| Total equity and liabilities  |     | 725.7     | 712.2     |   |
|                               |     |           |           |   |
| NAV/share (basic)             |     | 0.51      | 0.47      |   |
| NAV/share (fully diluted)     |     | 0.51      | 0.48      |   |
|                               |     |           |           |   |

## OTHER KEY INFORMATION

- (1) No external valuations have been made for the closing of the first quarter. The movement within this quarter is due to capital expenditure and currency movement, which have added 6 cents to NAV/share (basic).
- (2) Repaid loans consists of a B-loan buyback of EUR 8.0 million with a 25% discount, repayment of vendor notes to Finnveden AB (EUR 7.3 million) and amortisation (EUR 0.2 million) following the disposal of a small property in December 2009.
- During the quarter the Company was subject to a bid which lapsed early April.
- The dividend of EUR 0.017 per share amounting to EUR 8.1 million will be paid on 18 June. Ex-dividend date is 19 May 2010.
- Key dates; Interim results 31 August, Full year results 31 March 2011.

Interest Coverage Ratio: NOI divided by external interest expenses

**Debt Services Coverage Ratio:** *NOI divided by external interest expenses plus repayments on continuing loans* **Loan To Value:** *Bank loans less the value of currency swaps,* € 11.4m, *divided by Investment properties* 

## **Interim Management Statement**

The Board of Directors' of LR Nordic & Russia Properties Limited (the "Company") presents the Company's "Financial Update" for the 3 months to 31 March 2010 (attached).

Since the audited FY 2009 annual report was published on 1 April 2010, the Company has made a number of announcements. The full text of which can be found on the Company's website <a href="www.nr-properties.co.uk">www.nr-properties.co.uk</a>. In summary:

- On 6 April: Notice to admitted institutions in relation to the offer.
- On 7 April: Lapse of offer.
- On 7 April: Final ordinary dividend of EUR 0.08 per share and the date for the Company's Annual General Meeting.
- On 22 April: Notice of the Company's Annual General Meeting.

The Financial Update has been prepared in accordance with the accounting policies set out in the FY 2009 annual report and together with the above information it gives a true and fair view of the Company's financial position.

Jersey, 13 May 2010

NR Nordic & Russia Properties Limited